

September 28, 2020

## Dear Vancouver College Parents,

It is hard to believe that the month of September is coming to a close and we are approaching the end of the first mini semester. The excitements and the uncertainties surrounding the re-opening of school have settled down and most of us now have a routine in place. I want to thank many of you who extended a warm welcome to me via email. It is such an honour to be warmly welcomed into such a vibrant and faith-filled community.

"Ah, September, you are the doorway to the season that awakens the soul". I know that September can be a very exciting time for some but very anxious for others. When it comes to the lives of the students with whom we work, I have always noticed that September is the month of renewed motivations. Perhaps the previous school year didn't go so well or as well as one would expect. September is that time where students often feel the need to turn over a new "leaf", and to start new. They are motivated to do better than they have always done. They are driven to succeed. They have had time off, they are refreshed, and they may have reflected on what they are capable of. So they wish to do better. When this continues throughout the year - it is great and success will be found. However, my experience is that this mentality quickly dissipates when each class assigns its first test, project, or presentation. Students find themselves somewhat overwhelmed and these rejuvenated feelings are forgotten.

I want to invite you all to the first edition of the VCPA ParentTALKS series on Wednesday, September 30 at 6 pm for a conversation on Motivating and Goal Setting to help your son fulfill his potential. "Your dreams are important but your plan is what will allow you to achieve your goals and live out your dreams". This conversation will lay out the plan for you to support your son in achieving his dreams.

It is unfortunate that we cannot have this conversation live and in-person as it would have been a pleasure to meet the community. However, I do encourage you to tune in as we will be live-streaming this event on our <u>YouTube channel</u>. It is my hope that I can give enough information so you may have conversations with your sons so their motivations remain as strong as they are every September. In advance of the presentation, I welcome and encourage you to submit any thoughts and questions through this <u>online form</u>.

Sincerely,

Frank Trentadue Senior School Assistant Principal