



# FINNEGAN SUMMER 2019

WEEK 1 - JULY 2-5    WEEK 3 - JULY 15-19  
WEEK 2 - JULY 8-12    WEEK 4 - JULY 22-26

REGISTER ONLINE AT:  
[VC.BC.CA/FINNEGANSUMMER](http://VC.BC.CA/FINNEGANSUMMER)



Welcome to Finnegan Summer 2019 at Vancouver College!

Vancouver College has been a leader in Catholic Education in the Lower Mainland since 1922, and every year we look forward with great excitement to providing our services to the community through our summer camp program. Our camp facilitators are experienced educators, primarily from Vancouver College, and our programs offer a wide variety of academic enrichment, recreation, and sports camps for boys and girls of all ages.

Johnny Bevacqua, Principal

## ELEMENTARY SCHOOL CAMPS

### Grades K-6

All camps are co-ed. Grade indicated is participant's grade in September.

COURSE	DESCRIPTION	TEACHERS	AGE	COST	SPECIFICS
Jump Start to K	During this two-week introduction to Kindergarten camp, children will enjoy a fun-filled day that includes early literacy activities, math skills, art activities, science topics, and physical activity. A great way to experience being at school for the whole day! Please send along a healthy snack, lunch, drinks, water bottle, and sun hat. This camp has a maximum of 13 children per teacher. This low student to teacher ratio ensures an easy transition for the children.	Mrs. Cathy Wolfman (VC Kindergarten Teacher) & Mrs. Tricia Listeki (VC Elementary Teacher)	Kindergarten	\$460	July 2-12 9 AM-2:30 PM #001
		Mrs. Jane McDonald (Junior Achievement Teacher.)	Kindergarten	\$510	July 15-26 9 AM-2:30 PM #002
Robotics	Back by popular demand, Robotics Camp students will use LEGO Robotics WeDO 2.0 sets to build a variety of devices that will incorporate elements of mechanical engineering and coding. Their creativity and problem-solving skills will be developed as they design these devices to complete different tasks in a fun learning environment.	Mr. Michael Balogh (VC '11, VC Teacher)	Grade 1-3	\$105	July 2-5 9 AM-11:30 AM #003
			Grade 4-6	\$105	July 2-5 12 PM-3 PM #009

# ELEMENTARY SCHOOL CAMPS

## Grades K-6

All camps are co-ed. Grade indicated is participant's grade in September.

COURSE	DESCRIPTION	TEACHERS	AGE	COST	SPECIFICS
<b>Elementary Explorers</b>	Come explore with us this summer! We will develop our creative and critical thinking skills by participating in Makerspace/STEM activities through Science, Art, Social Studies and Language Arts. By participating in a variety of indoor and outdoor activities/games we will also develop our decision making skills, make new friends, and have a lot of fun!	<b>Mrs. Patty Gazzola</b> (Grade 1 Teacher at OLPH) & <b>Mr. Rob Gazzola</b> (PE Teacher at OLPH )	Grade 1-3	\$205	July 2-5 9 AM-3 PM #004
			Grade 1-3	\$255	July 22-26 9 AM-3 PM #005
<b>Reading, Writing, Art &amp; Activities</b> CAMP MAX - 21 students	Students in this camp will engage in reading and writing activities in the morning, before transitioning to an afternoon filled with art projects and a variety of movement games.	<b>Ms. Barb Seppelt</b> (Assistant Principal, Elementary School, VC)	Grade 1-3	\$255	July 8-12 9 AM-3 PM #006
			Grade 1-3	\$255	July 15-19 9 AM-3 PM #007
	Together, Ms. Seppelt and Ms. Hillford will ensure an action packed, fun filled experience for the boys and girls in their camp.	<b>Ms. Janet Hillford</b> (Teacher, Coquitlam & New Westminster School Board)	Grade 1-3	\$255	July 8-12 9 AM-3 PM #023
			Grade 1-3	\$255	July 15-19 9 AM-3 PM #024
<b>Improv Class - Primary</b>	Students will have the opportunity to develop the skills of theatrical improvisation. Over the course of the class students will learn the skills of comedic improvisation including acceptance, storytelling, and teamwork. By the end of the week students will be comfortable improvising basic scenes and games, allowing them to build their confidence on stage!	<b>Mr. Zack Wolfman</b> (Improvvisor with Instant Theatre & Off Key Musical Improv. Facilitator for the Canadian Improv Games, UBC Improv & Actorium Acting School)	Grade 4-6	\$105	July 2-5 9 AM-11:30 AM #008
<b>Literacy, Numeracy &amp; Sport</b>	Campers will spend their mornings creating literacy and numeracy projects using digital tools, as well as other stimulating art, writing, and academic pursuits. Afternoons will be spent on O'Hagan Field, in the gym, and on the playground working on physical fitness. Sports covered may include: flag football, basketball, volleyball, tennis, soccer, and a variety of games to build skills at all levels.	<b>Mr. Killian Ryan</b> (VC Teacher) & <b>Mr. Ethan Wong</b> (VC '07, former VC Teacher, Teacher at Mary Jane Shannon Elementary.)	Grade 4-6	\$510	July 8-19 9 AM-3 PM #010
<b>Mini UN - Public Speaking &amp; Debate</b>	This program aims to empower students with the skills of effective communication through public speaking. Topics covered include: how to construct an interesting and effective speech, keeping thoughts and arguments organized, and standing and delivering speeches with confidence. Model UN will also be introduced.	<b>Mr. Antonio Balogh</b> (VC '15, VC Debate Coach) & <b>Mr. Adam Cicek</b> (VC '15, VC Debate Coach)	Grade 4-6	\$130	July 22-26 12 PM-3 PM #011
<b>Makers Class - Primary</b>	Students will have the opportunity to make, create, craft and design through a number of creative challenges and activities designed to improve their teamwork, problem solving, and communication skills. From constructing a city with everyday materials, to heading online to design a minecraft civilization, Makers Class provides a fun and engaging environment for students to learn and develop everyday transferable skills.	<b>Mr. Neil Smyth</b> (VC Teacher)	Grade 4-6	\$130	July 22-26 9 AM-11:30 AM #012

# MIDDLE & SENIOR SCHOOL CAMPS

## Grades 7+

All camps are co-ed with the exception of Head Start.

Grade indicated is participant's grade in September.

COURSE	DESCRIPTION	TEACHERS	AGE	COST	SPECIFICS
<b>Improv Class - Intermediate</b>	Students will have the opportunity to develop the skills of theatrical improvisation. Over the course of the class students will learn the skills of comedic improvisation including acceptance, storytelling, and teamwork. By the end of the week students will be comfortable improvising basic scenes and games, allowing them to build their confidence on stage!	<b>Mr. Zack Wolfman</b> (Improvisor with Instant Theatre & Off Key Musical Improv. Facilitator for the Canadian Improv Games, UBC Improv & Actorium Acting School)	Grade 7+	\$105	July 2-5 12 PM-3 PM #013
<b>Head Start: Transitioning to Middle School</b> CAMP MAX - 60 students	This camp for incoming Vancouver College students in Grade 7 and 8 is designed to help make the transition to Middle School smoother. Mornings will give students a head start academically by exposing them to some of the topics covered in English and Math. Students will be introduced to Google Classroom as well as some online research tools and presentation applications used at VC. Afternoons are spent doing a variety of recreational activities, in and outside school, allowing participants to interact with each other.	<b>Mr. Paul Legge &amp; Mrs. Cynthia Accili</b> (VC Middle School Teachers)	Grade 7-8	\$280	July 15-19 9 AM-3 PM #014
<b>Debate &amp; Public Speaking</b>	This program aims to empower students with the skills of effective communication through the avenues of debate and public speaking. Topics covered include: the process and protocols of debating, how to construct an interesting and effective speech, keeping thoughts and arguments organized, standing and delivering speeches with confidence, and effective rebuttal techniques. This program is run at a level comfortable for all participants.	<b>Mr. Antonio Balogh</b> (VC '15, VC Debate Coach) & <b>Mr. Adam Cicek</b> (VC '15, VC Debate Coach)	Grade 7-10	\$130	July 22-26 9 AM-11:30 AM #015
<b>Makers Class - Intermediate</b>	Students will have the opportunity to make, create, craft and design through a number of creative challenges and activities designed to improve their teamwork, problem solving, and communication skills. From constructing a city with everyday materials, to heading online to design a minecraft civilization, Makers Class provides a fun and engaging environment for students to learn and develop everyday transferable skills.	<b>Mr. Neil Smyth</b> (VC Teacher)	Grade 7-10	\$130	July 22-26 12 PM-3 PM #016

Register online today at:  
[vc.bc.ca/finnegansummer](https://vc.bc.ca/finnegansummer)

# IRISH ATHLETIC CAMPS

COURSE	DESCRIPTION	COACHES	AGE	COST	SPECIFICS
<b>Irish Football</b>	<p>One of our most popular and longest running camps! Participants will receive individualized instruction in the development of football fundamentals with particular emphasis on throwing, catching, blocking, and stance. This is a non-contact camp requiring no equipment and will be an excellent base for those participants wishing to go on and play high school football. Irish Varsity players will assist at the camp ensuring a low camper instructor ratio.</p> <p>This camp is a great introduction to football for any incoming Grade 8 student wishing to play for VC in September.</p>	<b>Mr. Matt Esaw</b> (VC '05, VC Head Coach, Grade 8 Football)	Grade 7-8	\$255	July 8-12 9 AM-3 PM #018
<b>Basketball Basics</b>	This camp is a fun introduction to the game of basketball! Campers will learn how to protect the ball, dribble with either hand, throw different passes, shoot properly, make a layup, and more.	<b>Mr. Ryan Shams</b> (VC '08, VC Head Coach, Grade 9 Basketball) & <b>Mr. Jack Cruz-Dumont</b> (VC '18, UBC Men's Basketball)	Grade 4-6	\$130	July 22-26 9 AM-11:30 AM #019
<b>Irish Basketball</b>	This camp focuses on giving players an opportunity to run through a variety of drills that will help to improve their basic basketball skills in dribbling, shooting, passing, footwork, and defensive play. The half-day format will allow for both drills and scrimmaging.		Grade 7-9	\$130	July 22-26 12 PM-3 PM #020
<b>Lacrosse Basics</b>	This camp is a fun introduction to the game of lacrosse for Grades 7-9. All ranges of players, from beginners to experienced, are welcome. Students will learn the basic skills such as passing, catching and shooting. This camp is a great chance to learn the fundamentals of Canada's national sport! Participants are encouraged to use their own gear, but equipment will be provided if necessary.	<b>Mr. Alex Millin &amp; Mr. Vincent Ricci</b> (VC Teachers & Lacrosse Coaches)	Grade 7-9	\$130	July 22-26 9 AM-11:30 AM #021
<b>Lacrosse Fundamentals</b>	Students of all skill levels are encouraged to join the camp for Grades 10-12. Beginners will learn the basics and fundamentals, such as passing, catching and shooting, while more experienced players will have the opportunity to grow their skills set. Participants are encouraged to use their own gear, but equipment will be provided if necessary. Come help us grow Canada's national sport!		Grade 10-12	\$130	July 22-26 12 PM-3 PM #022
<b>High Performance Training Camp</b>	<p>This camp is aimed at the high school student-athlete who is looking to develop the functional skills necessary for high-level athletic performance.</p> <p>Students will benefit from this four-week* training program where they will perform and receive instruction on proper sprint and agility mechanics, power development, psychometric exercises, and strength training including Olympic lifting techniques.</p> <p>During nutritional break periods, athletes will review video analysis of their performance and will receive instruction on proper nutritional practices, recovery and regeneration techniques, injury prevention and management, flexibility protocols, and postural and core strengthening.</p> <p>At the end of the camp, all athletes will receive a program that they will be able to follow for the remainder of the summer. From this camp, athletes will develop an understanding of the commitment, dedication and desire that translates not only into increased performance, but into life outside athletics as well!</p> <p>*Students unable to commit to the full four weeks must obtain prior approval from Coach Vass before registering.*</p>	<b>Mr. Scott Vass</b> (VC Athletic Director and Strength and Conditioning Coordinator) & <b>Mr. Scott Lum Tong</b> (VC'11, Coach - Department of Athletics & Recreation, UBC.)	Grade 9+	\$300	Mon/Weds/Fri July 3-26 11 Sessions 9am-12pm #017

# Frequently Asked Questions & Policies

## **How do we register?**

Registration is available online at [vc.bc.ca/finnegansummer](http://vc.bc.ca/finnegansummer). Full payment must be received in order to reserve a spot. Space is limited, so we strongly recommend you register and pay as soon as possible!

## **What happens if the participant has to miss some of the classes?**

Special circumstances may be taken into consideration provided our office is given advance notice.

## **Is there before or after-camp care?**

We are unable to assist families with before or after camp care. However, for those registered in a morning and afternoon session, campers will be given time to have their lunch in order to attend the next camp.

## **Where do campers have lunch?**

Campers can eat their packed lunch in an area within the school grounds (e.g. dining hall). Please note that the school cafeteria service does not operate in the summer months. Campers attending different morning and afternoon half-day camps will have a 30-minute lunch break coordinated by the teachers.

## **What if my child wishes to participate in a camp outside of their age group?**

Please contact Finnegan Summer Director, Ryan Shams ([finnegansummer@mail.vc.bc.ca](mailto:finnegansummer@mail.vc.bc.ca)) to see if special arrangements may be made.

## **Refunds**

Refunds are available if the withdrawal is communicated in writing at least 14 days prior to the start date of the camp. An administrative fee of \$50 will be applied for camps \$200 or more and \$35 for camps less than \$200. No refunds will be given if the withdrawal is made within 14 days of the camp start date except for medical reasons with a physician's note.

## **Transfers**

Request to transfer from one camp to another will be accommodated, if space permits and provided a written request is made at least 14 days prior to the start of the camp. If the request is made within 14 days of the camp start date, the request will be handled on a case-to-case basis.

## **Cancellations**

Should we need to cancel camps, we will do our best to communicate this as soon as a decision is reached. However, we reserve the right to cancel any camp up to 7 days prior to the camp start date. In such situations, a full refund will be processed accordingly.

## **Instructors**

We reserve the right to substitute a camp instructor for all Finnegan Summer programs than that listed in the camp offerings.

**For more details and to register please visit  
[vc.bc.ca/finnegansummer](http://vc.bc.ca/finnegansummer)**