

HISTORIC ROWING RESULTS AT NATIONALS



Our Irish Rowers wrapped up their season at the CSSRA national high school rowing championships this past Sunday with some historic results for the program:

- Juniors won gold in the heavyweight coxed four after a 7 year drought for the program in that event
- Seniors are bringing home a national title in the lightweight eight, the third title in four years for the program in this event
- Our rowers accomplished a silver in the Junior lightweight coxed four as well as the Junior heavyweight eight, where they missed gold by 0.4 seconds
- Graduating seniors Jason MacDonald and Justin Cheong captured bronze in the Senior lightweight coxed four

This year VC placed 2nd overall in points with half the amount of entries and athletes brought by other teams, making it one of the best finishes for the program since 2012. Well done rowers!

VC TRACK TAKES HOME PROVINCIAL BANNER



Congratulations to VC's Senior Boys Track and Field Team, who is bringing home the AAA Boys Provincial Banner after competing in Kelowna this past weekend!

A special shout to Jason Soriano (24 points + 8 relay points), Hayden Tuba (14 points), and Ryan Denman (6 points) for outstanding performances!

IRISH BADMINTON PROVINCIALS



Our Irish Badminton Team lost a close fought bronze medal game in Victoria this weekend in Badminton Provincials. Congratulations to the team for not only showing exemplarily athleticism, but for showing amazing sportsmanship, receiving this note from the Badminton Commission:

"The support of your players cheering for each other resonated throughout McKinnon all 3 days. The players on my team commented that they had to step up their volume so our players could hear them instead of you. This is what sport is all about and a true example of why you're the "Fighting Irish."